

Behavior Health Center

A new service offered by GI for Kids, PLLC

Kate Christian, LCSW, and Regina Hummel, PhD

GI for Kids, PLLC is East Tennessee's premier pediatric gastroenterology group. We are staffed with three of the area's finest board-certified pediatric gastroenterologists, two nurse practitioners, two behavior health clinicians, two registered dietitians, and a research coordinator. We serve all of East Tennessee and the surrounding areas. Our doctors see over twenty thousand outpatient visits and perform hundreds of endoscopic procedures annually.



Transitions: Behavior Health Center for Kids is the newest addition to our practice. We created the center to more effectively reach the children and families who need behavior health help. Our two behavior health clinicians are experienced in a variety of pediatric behavior and mental health conditions. Kate Christian is an LCSW specializing in the treatment of children with chronic health conditions. Regina Hummel is a clinical psychologist with a primary interest in pediatric psychology. Our services assist families to cope with the lifestyle changes and emotional challenges faced when a child is sick. Issues commonly addressed include

- Pain management
- Food allergies
- Celiac disease/Gluten intolerance
- IBS
- IBD
- Constipation and encopresis
- Diabetes
- Stress-induced asthma
- Noncompliance with medical regimens
- Obesity/Weight Management

We also manage emotional/behavioral issues including

- Disruptive behavior
- Adjustment disorders
- Family dysfunction
- Depression
- Generalized anxiety
- Panic attacks
- Sleep disorders

Our GI physicians are on call 24 hours a day, seven days a week to handle emergencies that arise.

We accommodate referrals, new patient consultations, and second opinions. We

follow our patients closely and always communicate our advice to our patients' primary physicians.

Our office is open from 8:00 a.m. to 5:00 p.m. Monday through Friday, exclusive of holidays. We can be contacted at (865) 546-3998. Please visit our website at www.giforkids.com. We welcome the opportunity to assist in providing care for your patients.



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BEHAVIORAL HEALTH CLINIC